









Cafeteria Menu Week 4 May 13-19

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch Available 10:45 am – 1:30 pm	Meatloaf/Swt/Sour Scalloped Potatoes Squash Grilled Cheese or Ham and Cheese Sand Chicken Taco Salad or Chicken Soft Shell Taco	Cranberry BLT Oven Baked Wedges Roast Turkey MP/FF Gravy Sage Bread Dressing Candied Yams Oriental Chicken Salad	Philly Chicken Sand/WW Bun Oven Baked Fries Broccoli Hamburger in Gravy/Mashed Pot Bangkok Thai Rice Bowl	Baked Ham Mashed Potatoes Corn <i>Employee Free Meal Outside</i> 	Roast Pork Mashed Pot/FF Gravy Peas & Carrots Chicken Tenders/Sauce Oven Baked Wedges Italian or Chicken Alfredo Lasagna Garlic Toast	Beef Taco Basket (Soft Shell Tacos Chips/Salsa) Open Grill	Chicken Bowl (chicken, mashed pot/corn/gravy/lite cheese (like KFC) Open Grill
Soup Available 10:45 am – 6:30 pm	Cream of Broccoli Tomato	Chicken Tortilla Garden Vegetable	Cream of Potato Steak and Vegetable Soup (Housemade)		Chicken Wild Rice Cook's Choice		
Sensible Solution* Available 10:45 am – 1:30 pm 	Chicken Taco Salad with Fat Free Ranch 247.4 Cal. 8.2 g. Fat 	Roast Turkey Mashed Potato Fat Free Gravy 237.37 Cal 2.73 g. Fat 	Philly Chicken Sand/WW Bun Broccoli 359 Cal. 7.5 g. Fat 		2 Chicken Tenders Oven Baked Fries 263 Cal. 8 g. Fat 		
Dinner Available 4:30 pm – 6:45 pm	Salad Bar Call for Menu Open Grill	Salad Bar Call for Menu Open Grill	Salad Bar Call for Menu Open Grill	Salad Bar Call for Menu Open Grill	Salad Bar  Call for Menu Open Grill	Call for Menu Open Grill	Call for Menu Open Grill

*Some Sensible Solution menu items are only available during lunch hours. [Click here for nutrition facts](#) on all foods served in the



cafeteria.