

# RiverView

## Care Center Home Page

*A newsletter for nursing home residents and their families.*

EDITION 30

JULY 2008

### Care Center Welcomes Sandra Boice as Director of Nursing

Sandra Boice began a new position as Director of Nursing at the Care Center on May 19th. Sandra previously worked for RiverView as Director of Nursing at Hillcrest Nursing Home in Red Lake Falls. She has had a multitude of years of nursing experience



*Sandy Boice  
Director of Nursing*

as an LPN, RN and most recently over 20 years in nursing leadership as a director of nursing. Sandy received her certificate of patient care management from the University of Minnesota and has been certified by ANCC as a gerontological nurse since 1998.

“We are extremely pleased that Sandy has accepted this new position. Sandy is compassionate about nursing. She values our medical staff, nursing staff and the residents and families we serve”, shared Carrie Michalski, Care Center Administrator. “Sandy has also been a leader in our region, serving on the Board of Directors for the Minnesota Directors of Nursing Association and as a mentor to newly graduated nurses and those new to nursing leadership. We are very fortunate to have her in a key

leadership role as we shape the future of our Care Center in the Crookston community.”

“I am pleased to be a part of the Care Center nursing team”, stated Sandy. “I had the opportunity to work on the evening shift as a charge nurse from April until I accepted the Director of Nursing position. During that time I had the privilege of working directly with many of the staff and met a number of residents and families. Each day as I make a trip around the facility I see wonderful nursing care being delivered and residents and staff having fun during the process. Communication is the key to quality of care and life for our residents. I encourage you to stop in and see me or call me if you have any concerns or if you have positive comments you would like me to share with the staff.”

Sandy can be reached at (218) 281-9454 or [sboice@riverviewhealth.org](mailto:sboice@riverviewhealth.org).

### Congratulations!

*By Sandy Boice, Director of Nursing*

Congratulations to Jamie Deboer, Tanya Peterson, and Nicole Stortroen on passing the LPN Nursing Boards. It is exciting to see staff continue their education and advance in the nursing field. We are fortunate to have them as a part of the licensed staff at the Care Center.

## Lions Club Serves up Pancakes

By Ranea Johnson



There is nothing that tastes or smells better than pancakes hot off the griddle. Once a year the



Crookston Lions Club members spend an evening with the residents at the RiverView Care Center cooking pancakes on griddles right in the

dinning room for an evening of good food and company. Our thanks to the Lions Club members for hosting this annual spring pancake event and we look forward to next spring's supper.

## Eggs to Order

By Nicky Johnson

We have a special breakfast for residents on the second Wednesday of each month we call, "eggs to order". We have volunteer staff come and cook eggs and make pancakes from our hot



griddles set up in the dining rooms. We do the same for our East and West units as well. Any



staff or family member is welcome to join us to help out. The residents really enjoy this special breakfast! If you are interested in participating anytime please contact Melissa at 281-9458.

## Walk for Memory

By Walk for Memory Committee

The Crookston area Dementia Care Network is in the process of planning the annual awareness

and fundraiser event. The intent of this group is identified through its mission statement: to improve the lives of all individuals and build a "Dementia Competent Community" by providing leadership, support, education, advocacy and research.

The 2nd annual "Walk for Memory" will be held on Saturday, September 13th, 2008. We are currently inviting all who are interested in information or assisting in planning the event to contact Lenore Anderson at 218-281-3829 or LaVonne Merten at 218-281-9278.

## Recipe Corner

### Butterscotch Bars

Submitted By Clarice Anderson



1 c. margarine

2 c. brown sugar

2 eggs

1 ½ tsp. vanilla

2 c. flour

1 c. walnuts

Cream margarine and sugar. Add eggs and beat well. Add vanilla, flour, and nuts. Press into 9 x 13 inch greased pan and bake at 350° for 30-35 minutes. Frost with a chocolate or brown sugar frosting.

### Banana Crunch Bread

Submitted By Pearl Goosen

2 lg bananas, mashed

1 c. sugar

2 eggs

3 tbsp. milk

1 ½ tsp. baking powder

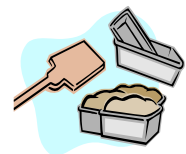
½ c. melted butter or oil

1 tsp. vanilla

2 c. flour

½ tsp. salt

½ tsp. soda



Beat bananas, sugar, and eggs together until light. Stir in milk. Add dry ingredients. Stir in butter or oil, and vanilla. Grease and flour a 9 ½ x 5 ½ inch pan. Bake at 350° for one hour.

# FAMILY PICNIC & PIG ROAST

Thursday, August 7th

5:00 - 6:00 pm

in the Care Center Courtyard



The pork will be roasted by Ginger and Roland Chester, compliments of Dr. Afonya.

## Clip and Save Corner

Do you know whom to call with comments or concerns?

|                  |                                 |              |
|------------------|---------------------------------|--------------|
| Sandy Boice      | Director of Nursing             | 218-281-9454 |
| Carrie Michalski | Administrator                   | 218-281-9407 |
| Melissa Hoeft    | Social Services                 | 218-281-9458 |
| Ranea Johnson    | Activities/Adult Day Services   | 218-281-9459 |
| Jennifer Tate    | Housekeeping/Laundry            | 218-281-9455 |
| Jasmine Melsa    | Nutrition Services              | 218-281-9453 |
| Connie Haller    | Resident Accounts/Billing (A-J) | 218-281-9435 |
| Bonnie Pahlen    | Resident Accounts/Billing (K-Z) | 218-281-9545 |
| Shana Lanctot    | RN Manager, RVCC Main           | 218-281-9278 |
| LaVonne Merten   | RN Manager, East and West Unit  | 218-281-9278 |

If unsure, call our main desk at 218-281-9465.

The RiverView Care Center resident's have an email address:

resident1@riverviewhealth.org

What a great way for families to keep in touch!

Memories, pieces of life bound together like a patchwork quilt, blanket us in warmth and love.

*Our sympathies to the families of:*

Inga Reed, Leonard Espeseth, Ann Pederson,  
Pete Allen, Ardis Hiller, Donna Gamer,  
Liz Weiss, and Milton Ellinger

